

FUEL A LIFE OF GROWTH

STACKING WINS

Becoming your best self in EVERY chapter of Life



MEET ALLI BILLS

- FORMER PRO ATHLETE AND DIVISION 1 COACH
- MORTGAGE LENDER, MINDSET MENTOR, ENTREPRENEUR
- FOUNDER: E3 BASKETBALL + SAUNA WILD
- PASSIONATE ABOUT HELPING PEOPLE GROW IN EVERY SEASON: MENTALLY, PHYSICALLY, SPIRITUALLY, AND FINANCIALLY

YOU ARE BUILT TO EVOLVE AND YOU WERE MADE TO WIN

OBJECTIVE:



- EXPLORE HOW WINS, EVEN SMALL ONES, SHAPE WHO YOU BECOME
- TO EMBRACE NEW CHAPTERS AND NOT FEAR REINVENTION
- TO BUILD THE HABITS AND IDENTITY OF YOUR BEST SELF
- TO LIVE WITH CONFIDENCE, COURAGE AND DIRECTION- NO MATTER THE SEASON

WHY STACKING WINS MATTERS

UNTAPPED POTENTIAL



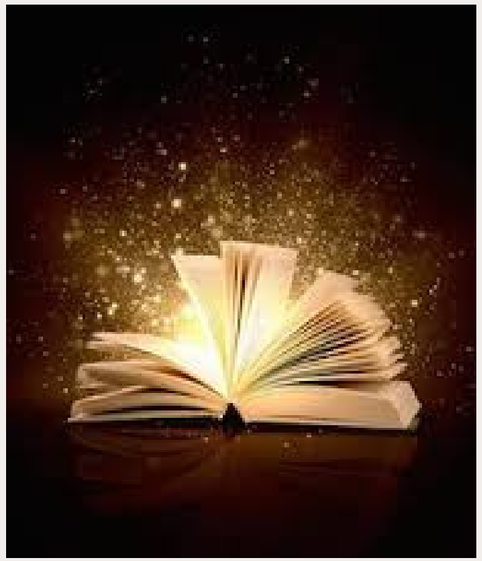
THERE'S MORE IN YOU THAN YOU REALIZE

HIDDEN SUPERPOWER



ACTION REVEALS ABILITY

GROWTH IS JOY



PROGRESS CREATES PURPOSE & MOMENTUM

TRUE HAPPINESS = GIVING IT BACK



YOUR GROWTH BECOMES SOMEONE ELSE'S HOPE

REINVENTION MEETS ADVENTURE



FITNESS ENDS. CAREERS PIVOT. LIFE EVOLVES. WINS KEEP YOU FACING FORWARD

WHAT DOES WINNING LOOK LIKE TO YOU?

- A COMPLETED WORKOUT
- SHOWING UP OR GETTING UP WHEN YOU DON'T WANT TO
- MAKING THE HARD CALL
- STARTING THE BUSINESS, SIDE HUSTLE, THE CONVERSATION
- DOING "HARD THINGS" INTENTIONALLY
- LEARNING SOMETHING NEW
- SAYING "YES" WHEN FEAR SAYS "NO"



What Wins Do For You

- Build Confidence through evidence
- Challenge your Growth and Mindset
- Create rhythm and routine in seasons of chaos
- Help you stay a life-long learner
- Turn Discipline into Identity
- Create new adventure and purpose, especially when something (like sport or youth) ends
- Push you to choose hard- when it’s easy and when it’s not



HOW TO CRAVE THE WIN AND BECOME SELF-POWERED

VISUALIZE THE WIN

CELEBRATE THE WIN

BECOME THE WIN







INTENTIONALLY CREATE THE VISION OF YOUR LIFE

A “vision inspired life allows you to get whatever it is that you want”

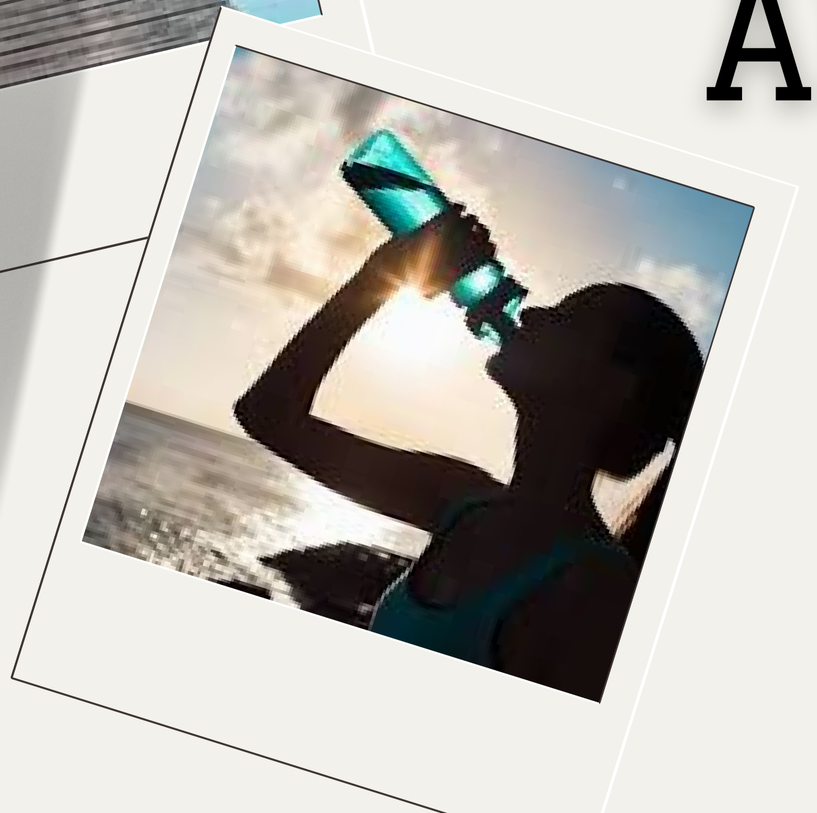




CELEBRATE EACH WIN WITH EMOTION AND ACTION

"To truly internalize and benefit from the power of a win we must use word with action for it to become a part of us"





BECOME THE WIN... NEW WALK, TALK AND MINDSET

“We become what we think about most of the time. Whatever we focus on we move towards.”

and...

“sometimes we just call on the power pose”

HOW TO BUILD A "WINNING" IDENTITY

1. **SIGN UP & SHOW UP -** ACTION BEATS PERFECTION
2. **HAVE A VISION -** KNOW WHERE YOU'RE GOING
3. **ASK: WHO AM I TODAY?** - LET IDENTITY DRIVE DECISIONS
4. **CHOOSE HARD THINGS -** GROWTH HAPPENS AT THE EDGE
5. **BUILD DAILY HABITS -** LET TODAY'S EFFORTS SHAPE TOMORROW'S CONFIDENCE
6. **STAY COACHABLE & CURIOUS -** THE LEARNER ALWAYS LEVELS UP

GREATNESS ISN’T FOUND IN LEAPS IT IS STACKED IN LAYERS

“GO ONE MORE” PRINCIPAL



- ONE MORE CALL
- ONE MORE PUSH-UP
- ONE MORE PAGE
- ONE MORE CLIMB



- ONE MORE OPPORTUNITY TO LEAD, SERVE, GROW

WHAT'S A WIN YOU CAN STACK THIS WEEK

PHYSICAL CHALLENGE

FINANCIAL GOAL

A MINDSET COMMITMENT

A BRAVE CONVERSATION

A CONSISTENT MORNING ROUTINE

MAKE IT PERSONAL. MAKE IT STRETCH YOU. MAKE IT REAL

What's at Stake

- Living below your potential
- Staying comfortable or feeling “stuck”
- Letting fear write your next chapter
- Watching others grow while you hesitate

OR

Living bold. Living free. Leading others.

Becoming your Best Self







YOUR CHALLENGE: GO ONE MORE

- TAKE ONE UNCOMFORTABLE STEP THIS WEEK
- CHOOSE ONE DAILY WIN AND DO IT BEFORE NOON

PURSUE SOMETHING THAT FORCES THE QUESTION:
“AM I GROWING OR COASTING?”

ASK YOURSELF:
“WHAT HABITS MATCH THE IDENTITY I’M BUILDING?”

YOUR NEXT WIN STARTS HERE

CTA: BECOME YOUR BEST SELF - ON PURPOSE

CHOOSE YOUR WIN

Say yes to one thing that stretches you this week



GO ONE MORE

Push past comfort. stack one more rep, call, or challenge



GIVE IT BACK

Use your growth to lift someone else



YOU DON’T NEED TO BE PERFECT. YOU JUST NEED TO BE CONSISTENT. THE WORLD NEEDS THE MOST RESILIENT VERSION OF YOU.

THE WINNING MINDSET

PLAN BIG.WIN BIG

One Life Changing event each year that impacts the other 374 days of the year

READY.FIRE.AIM

Being confident enough in yourself and plan-
TO JUST START

BE ADVENTURE READY

Say yes to things that push you, challenge you, that you love

HABITS=IDENTITY

Embrace new chapters and not fear reinvention.

Alli Bills Team

MORTGAGE

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